

TICKLE ENTERTAINMENT LTD

PRESENTS

ITALIAN COOKING

THE ART OF BISTECCA

THE UNKNOWN CHEF



LOGLINE

One of the great Florentine delights, these cooks bring one of the most succulent tasting steaks to London.

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THE ART OF BISTECCA

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SYNOPSIS

Coming back to Tuscany, we discover another one of this regions' incredible delights; **bistecca alla Fiorentina** (or to give its English name beefsteak Florentine style). This steak is as old as the Renaissance hub itself, with the history of this exquisite dish going back to the days of the Medici Family. We will meet a group of Fiorentini who will give us a deep dive into one of the staples of their city's diet.

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The cooks will explain more of the history of the steak, especially the significance of the **Night of Saint Lawrence** (La Notte di San Lorenzo), a legend involving English Knights which has been told down through generations. The cooks will continue to discuss the social importance of bistecca alla Fiorentina.




How families have always sat around picnic tables as well as dinner tables to eat this dish together. It's something which suits almost any occasion. The in-house nutritionist will then discuss the importance of different cuts of meat and how they affect our gut. They will also touch upon the significance of organic farming.

**Why what the animals eat
is just as important as what
we put into our mouths.**

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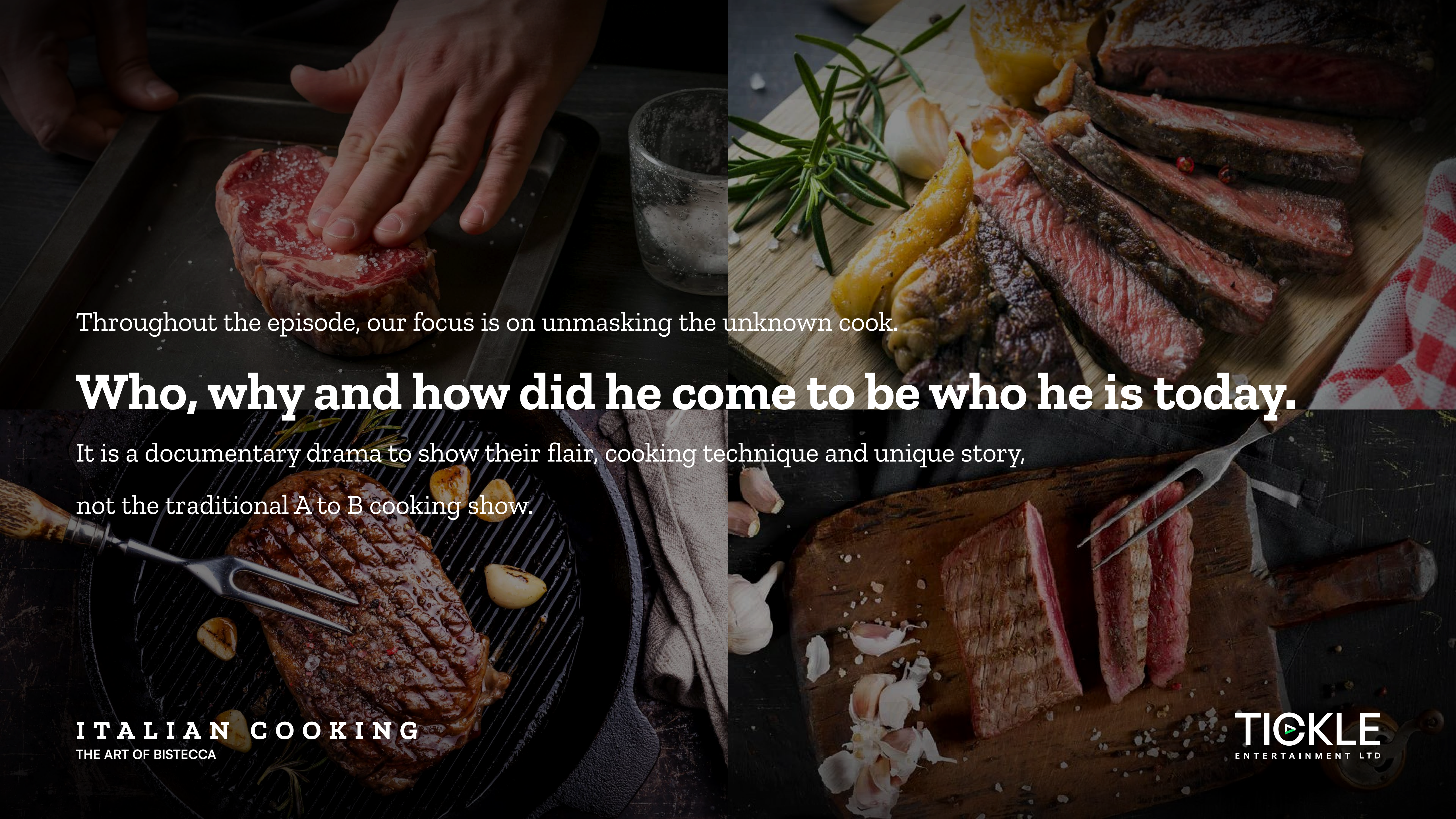
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Over a glass of chianti, **William Baldwin** will return to share a steak with our cooks. Just like many families in Florence, the two will bond over the food and chat about the important things in life. He will also ask about the difference between steak in Florence compared to other regions and why 'blood' cooking gives its unique taste and flavor.

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Throughout the episode, our focus is on unmasking the unknown cook.

Who, why and how did he come to be who he is today.

It is a documentary drama to show their flair, cooking technique and unique story, not the traditional A to B cooking show.

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